
Senior In Care Council (SICC)



Introductions

Who are the SICCC?

SICCC stands for The Senior In Care Council

Why do we like to be
called SICCC?

What we do

We are a group of young people aged 11-18 who campaign on issues effecting young people looked after in care by BANES.

We'd like to tell you about the work we have been doing and some of our campaigns.

Our Approach

We use a 'You said we did' approach with everyone we work with. This means we give them feedback about what they are doing well and what they can do even better and then ask them to report back to us on the changes they have made.

We are positive and friendly towards everyone we meet and that way they want to work with us.

SICC won Young Volunteer Group of the Year at the Chairman of Bath Awards 2016

Our Campaigns

- We promote our campaigns in lots of different ways, for example creating Podcasts with Somer Valley FM. We also attend the In Care Council Steering Group Meeting and the Corporate parents meeting so we can tell them what we think and they can help us to make changes. We created a postcard about our group and sent it to all LAC young people
 - Health – We ran a Fitness Target event for LAC young people. We have given feedback on LAC Health Reviews, Health Passports, Sexual Health and Health Packs.
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Our Campaigns

- The Pledge – we monitor the Pledge and discuss with BANES what we think they are doing well and what needs to be built on
 - We are working on a PSHE Curriculum for Life and have discussed our ideas with Kate Murphy (BANES Anti-Bullying and PSHE Lead).
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Our Campaigns

- We fed back the importance of LAC young peoples right to work experience being promoted to them as a result Virtual Schools put on a work experience event
 - We gave feedback of EPEP – a programme to complete PEP forms online
 - We fed back to Corporate Parents about how our confidentiality was being compromised and as a result Ashley Ayre sent out a letter reminding schools of their obligation to respect our confidentiality
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Our Campaigns

- We have been involved in recruitment for roles such as LAC Nurse, Deputy Safeguarding Lead and Participation Commissioner. We have looked at job descriptions, sat on interview panels and fed back to applicants. We have even offered candidates their jobs.
 - A member of our group worked with the MYP to design anti CSE posters and the website for the Childrens Safeguarding Board
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Our Campaigns

- We ran a creative workshop to speak to Social Work Students about what we look for in a social worker
- An article appeared on Who Cares Trust Website

The screenshot shows a webpage from Who Cares Trust. At the top left, there is a navigation menu with the following items: "What's the Story?", "Not so secret DIARY", "It's ALL GOOD!", "Advocate in your pocket", "Lighting fires in Bradford", "Your watch list - videos about care!", "Sefton - care leavers centre", "How to build a contact centre", "Teaching social workers a lesson", "Calcot children give generously", and "Christmas card competition 2015". The main content area features a green header for the article "TEACHING SOCIAL WORKERS A LESSON". The article text includes a sub-heading "Call in the experts!", a section "Meet Liam, Jasmine and Destiny" describing a workshop, and another section "Badges and quizzing" describing a Q&A game. A quote bubble on the right says "Kids in care do know a thing or two about what makes a good social worker!". Below the text is a group photo of several young people.

WHO CARES TOWN

CARES? Trust

TEACHING SOCIAL WORKERS A LESSON

Call in the experts!

Meet Liam, Jasmine and Destiny
Last month, Bath and North East Somerset's Senior in Care Council got together to run a creative workshop.

The council, aka Liam Davis, Jasmine Lundie and Destiny Smith (our Summer *Who Cares? Junior* cover star!), shared their expert knowledge of the care system with a group of student social workers and Pete Campbell, the Care Outcomes Service Manager.

Badges and quizzing

The team kicked off the event by asking their guests to get crafty and make a badge which they could use to tell everyone about themselves. Next, the trio quizzed them about working with young people in a Q&A game involving sweets.

"Kids in care do know a thing or two about what makes a good social worker!"

Calcot children give generously

Christmas card competition 2015

Our Campaigns

What makes a good social worker...

As part of our involvement in recruitment – we carried out a consultation on what makes a good Social Worker with the JICC and BANES care leavers and created this document which is now featured on the recruitment section of the BANES website

What Makes a Good Social Worker? Results from consultations with BANES Junior and Senior In Care Council

HEAD – What they should know:

- Understand what young people are in to and have lots of ideas about games to play
- Understand that some people want to go out and some people want to stay in – when attending meetings
- Life experience – to have experienced lots of different things to have made them who they are

HEART – What kind of person they should be:

- Be nice, kind and warm
- Smile
- Being able to adapt between funny and serious. Have a good sense of humour but also able to be serious sometimes.
- Can stay calm when you do something they don't like
- To be someone I can trust who treats me with respect and who speaks to me at my level (not to treat me as younger than I am)
- Respects where I am coming from
- To know me and understand me as a unique person

HANDS – What they should help us with:

- Help build my confidence to make more friends and push myself further
- Help me to say what I think
- Encourage me to join in at school and take part in out of school activities
- Help me to have confidence to speak in front of people
- Help me to get MY point across
- Show me the pros and cons and help me make my own decisions
- To take action on what we have said and make changes happen as soon as possible

Podcasts

Last year we launched our Podcasts, created with Somer Valley FM, in which we:

- Promote SICC and encourage other young people to join their local In Care Council
- Discuss what it is like to be in care
- Bust the myths of being in care and talk about our work and campaigns.

If you would like to listen to them they are on the Off the Record Website

Pictures of us Recording the Podcasts



Pictures from our Podcast Launch Event



Other Creative Projects

A Dance Therapy workshop with the JICC where we told them about the SICCC to help inspire them with their campaign work.

A Flashmob in the Council Chamber with BANES Youth Forum in which we promoted the rights of LAC young people. Our Twitter post was retweeted by the Children's Commissioner for England

A Graffiti Project



IRO's

- SICC and JICC altered the forms used by IRO's.
 - We met IRO's & created a Powerpoint for their team training day.
 - As a result the IRO's have put a reminder out in their letters to young people that they can choose where, when and who attends their review.
 - Have promised to promote work experience opportunities.
 - Will remind young people they can see their IRO on their own.
 - Will make sure young people are happy with the date & time of their next review.
 - Will make sure all LAC young people receive the appropriate age LAC pack
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Consultations & Commissions

We have taken part in (some as part of BANES Youth Forum):

- Your Care Your Way
 - Health Project (run by PHD student who is a Care Leaver)
 - Sexual Health Project Research
 - Immunisations commission
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Our Campaigns – What Next?

- Make a film/video about being in care which can be used in PSHE lessons.
 - Meet the PSHE Leads in schools so they understand why this campaign is so important for us.
 - Create a ‘model’ Confidentiality Policy around working with young people in Care that can be used in BANES and beyond...
 - I (Jaz M) am also Deputy Member of Youth Parliament and am currently working as part of a team analysing over 800 responses to a Mental Health Survey written and circulated by BANES Youth Forum. I was a key note speaker at Primary Parliament Day and have pledged to go back next year and tell them what changes have been made.
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- Destiny
- Jaz M
- Kyle
- Jaz L